

FUNDING APPLICATION

GENERAL INFORMATION

Organization Information

Legal Name: San Antonio Clubhouse, Inc.		Federal Tax ID#: 82-0559940		Are you a 501(3)(c) charity? Yes	
Address: 6851 Citizens Parkway		City: San Antonio		State: TX	
				Zip Code: 78229	
Website: www.saclubhouse.org			Fax: (210) 798-1619		

Head Of Organization

Name: Eric Estrada		Title: Executive Director	
E-Mail Address: eric@saclubhouse.org		Phone: (210) 646-4657	

Application Contact

Name: Malcolm Fox		Title: Development Coordinator		E-Mail Address: grants@saclubhouse.org		Phone: (425) 367-3543	
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Previous funding received from The Gordon Hartman Family Foundation		
Year	Funding \$	
2010	\$5,000	
2014	\$10,000	
2015	\$15,000	
2016	\$20,000	
2017	\$20,000	
2018	\$15,000	
2019	\$15,000	
Total	\$100,000	

Has the organization applied to the Gordon Hartman Family Foundation in the past and been declined?

No

Grant Amount Requested \$:	Total Project Budget \$:	Organization's Annual budget \$:
\$25,000	\$363,650	\$1,354,283

Mission Statement:

The San Antonio Clubhouse provides hope and opportunity for adults living with serious mental illness. We strive for Clubhouse members to achieve their potential and be respected as workers, neighbors, and friends.

PROJECT INFORMATION

Program / Project Title:

Clubhouse Nutrition and Wellness Program

PROJECT TIMELINE

Start Date	End Date
01/01/2021	12/31/2021

Program / Project Description:

Mental illness is the leading cause of disability in the United States. Over 90,000 Bexar County residents live with a serious mental illness. 320,000 will experience a mental health condition each year. Nearly two thirds will not seek any treatment because of the lack of accessible and affordable supports. Furthermore, the stigma of a mental health diagnosis labels these people as dangerous or beyond the point of recovery.

The San Antonio Clubhouse promotes recovery through rewarding work and meaningful relationships. Program participants (members) find belonging and purpose within a supporting community. Our non-clinical programs emphasize socialization, wellness, and affirming support. In this setting, collaborative volunteer work promotes productivity and mental wellbeing. Member work runs the Clubhouse. They track program data, cook, clean, operate our farm, and reach out to isolated members.

Quality food and nutrition is essential to the Clubhouse recovery program. Our nutrition program includes culinary operations, a full-service snack bar, and a high-tech hydroponic urban garden (HUG) unit. At Clubhouse members can work with staff to grow, cook, and sell healthy food all in one place. For many, Clubhouse snacks and meals are their only access to wholesome food each day. By working in the farm, kitchen, and snack bar, members create positive life habits and learn transferable skills.

The HUG project feeds our members as well as their potential for recovery. Members contribute to every stage of production. They learn how to plant and monitor produce. They operate the machine and harvest produce when the time is right. After harvest, members use their leadership skills to determine where food ends up. We use it in our culinary program, which gives members a nutritious farm-to-table experience. We have also donated hundreds of bushels of produce to local nonprofits like the SA Food Bank and King's Compassion this year. Many more partnerships are in the works and will be finalized next year.

Nutrition at Clubhouse is a reliable resource for health and wellness. Members access two healthy meals each day, learn food service or point-of-sale skills, and grow their own produce. Our staff work side-by-side with members, and we reduce the cost of each meal and snack to ensure affordability. Support from the Gordon Hartman Family Foundation will fund these meals and recovery programs into 2021.

During the COVID-19 pandemic our culinary operations slowed to a near halt. There were no meals to serve or snacks to buy and sell. The HUG unit could have shut down, but we shifted staff and resources to provide remote services. The produce that came out of the farm became part of that effort. We arranged food delivery for members, who often lack access to healthy ingredients. We offered a healthy cooking class over Zoom, which engaged dozens of people weekly. We recognized the widespread need for healthy food, and increased food production to donate more to area nonprofits. Our nutrition program weathered the storm by mobilizing on behalf of community needs.

Through this program, we have impacted over 300 unique members in 2020. This includes volunteers that work in each unit and people that receive meals and deliveries. Our food donations across Bexar county have affected thousands more. As we prepare to safely reopen the Clubhouse recovery program, we are planning to continue these programs next year. We expect an even greater impact in 2021 with the ability to continue in-person services.

Evaluation Plan:

We collect member data twice each year through a comprehensive feedback survey. Questions from this source show that our members are eating and feeling healthier. This feedback reflects whether we are meet our members' direct mental health needs.

We gather data on the number of meals served to members and track their volunteer hours. Members themselves are the ones that record and enter this data in our custom database. We can monitor many types of wellness activity. How many members received water and other healthy drinks, went on walks, worked out alone or in a group, and worked in the snack bar.

Our process for evaluating the success of the HUG project is the same. We track volunteer hours within the unit and feedback from participating members. Outcome data also shows us how much of the produce gets used in our kitchen, and how much we send home for free with our members. We also track the amount of food that we donate across the county. This helps quantify our impact beyond the walls of Clubhouse.

Together, the member feedback and quantitative data we track quantifies our success. We make this information available to grantors throughout the funding cycle. Our most important outcomes relate to member feedback. We want our members to become less reliant on psychiatric interventions and emergency services. We also want our members to feel healthier and have less run-ins with law enforcement. Since our nutrition program provides so much meaningful work, it directly facilitates recovery.

Plans to sustain project beyond the term of this request:

The work going on in our recovery program is transformative and relevant in San Antonio. The culinary and snack bar units are central to the Clubhouse mission of recovery. The hydroponic farm is in its first year of operations but is already successful and a favorite program of our members. We intend to continue providing these programs indefinitely, with the support of our funders. These include the San Antonio Area Foundation, Methodist Healthcare Ministries, and the Texas Department of Health and Human Services. Relationships with trusted partners like the Gordon Hartman Family Foundation are paramount to our programs' success.

The funding landscape is changing rapidly due to COVID-19. Luckily, we subsidize portions of this programs' cost with different income streams. The cost of meals and food is partially paid for by discounted member purchases. We will seek additional support for this program throughout 2021.

Line item Budget:

Line Item Description	Total Project Funds Allocation	Gordon Hartman Funds Allocation
Business and Office Expenses	\$15,402	\$0
Rent Expense	\$91,138	\$0
Printing	\$300	\$0
Repairs/Maintenance	\$2,076	\$0
Supplies (including food)	\$53,429	\$25,000
Miscellaneous	\$4,040	\$0
Payroll	\$197,265	\$0
TOTAL:	\$363,650	\$25,000

BOARD OF DIRECTORS

LIST OF BOARD DIRECTORS

Name & Office Held	Corporate Affiliation
Aleen Davis Arabit	San Antonio Behavioral Hospital
Terry Corless	MadDogs British Pub
Allison Greer	Center for Healthcare Services
Juanito Guariola	A Novel Idea, LLC
Jennifer Knoulton, RN	Methodist Healthcare Ministries
Angie Lewis	Bank of San Antonio
Louceyette New	Community Volunteer
Kendra Royal	Janssen Pharmaceutical
Mark Stoeltje	Community Member
Bill Wilkinson	Roy Maas Youth Alternatives
Linda Williams	Member, SA Clubhouse