

FUNDING APPLICATION

GENERAL INFORMATION

Organization Information

Legal Name: Eva's Heroes		Federal Tax ID#: 74-3190719		Are you a 501(3)(c) charity? Yes	
Address: 11120 Wurzbach Rd., Suite 300		City: San Antonio		State: Bexar	
				Zip Code: 78230	
Website: http://evasheroes.org/			Fax: (210) 694-9090		

Head Of Organization

Name: Christiane Garcia		Title: Executive Director	
E-Mail Address: cgarcia@evasheroes.org		Phone: (210) 694-9090	

Application Contact

Name: Chivis Alanis	Title: Grant Writer Consultant	E-Mail Address: calanis@evasheroes.org	Phone: (210) 422-4196
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Previous funding received from The Gordon Hartman Family Foundation		
Year	Funding \$	
2017	\$10,000	
2018	\$10,000	
2019	\$10,000	
Total	\$30,000	
Has the organization applied to the Gordon Hartman Family Foundation in the past and been declined? No		
Grant Amount Requested \$:	Total Project Budget \$:	Organization's Annual budget \$:
\$14,000	\$29,060	\$891,631
Mission Statement: Eva's Heroes is dedicated to enriching the lives of individuals with intellectual special needs by providing an inclusive setting built on four tenets: Interact, Grow, Learn, and Love. At Eva's Heroes, we provide opportunities for participants ages 14 and older to enjoy unique recreation and socialization experiences in our community. Their involvement with Eva's Heroes enriches their lives and allows them to become a more active member of our community.		
PROJECT INFORMATION		
Program / Project Title: Coffee Spot: Rising through Resiliency Empowerment Series		
PROJECT TIMELINE		
Start Date	End Date	
01/01/2021	06/30/2021	
Program / Project Description: In response to the coronavirus, Eva's Heroes launched a new first-of-its-kind Virtual Interactive Program (VIP). VIP teaches a variety of empowerment and socialization skills to individuals with Intellectual Special Needs (ISN). This structure allows for predictability and a sense of familiarity conducive to learning for people with ISN. Planned VIP sessions include a self-defense and "laughter yoga" class, designed to strengthen self-esteem, build confidence, and achieve inner calm while reducing situational stress. Empowering parents, caregivers, and family members of individuals with ISN with essential information about advocacy, legal resources, especially for the less served, and knowledge of individuals' legal rights with ISN is even more critical in this unprecedented time of uncertainty. This grant will support parent/caregiver virtual empowerment sessions to share information and develop skills supporting community inclusion and disability, human and civil rights. Eva's Heroes "Coffee Spot: Rising through Resiliency" support group empowerment series aims to offer parents, caregivers, and family members of individuals with ISN educational information on how to develop skills and establish personal plans to become champions of empowerment and resiliency to advance community inclusion and other disability, human and civil rights. This goal will be accomplished by using a leadership and advocacy program model developed with input from advocacy stakeholders, community members, self-advocates and disability leaders, paid consultants, disability services, advocacy organizations, and peer groups. Ultimately, the project will decrease isolation and separation, increase knowledge, skills, and access to support services, promote leadership and self-advocacy skills, and information about community-based resources.		

This project is targeted to parents, family members, and caregivers of individuals with intellectual special needs in Bexar County, and participants of our parent/caregiver support group. Reaching the underserved is equally important as in 2019, we strategically targeted underserved families located at the Southside of SA, where some of the highest rates of individuals with intellectual special needs reside.

The overarching goal of the series is to increase the access that individuals with intellectual special needs and families of individuals with developmental disabilities have to information, training, and support to advocate for themselves, their children, or loved ones with intellectual special needs. Supplemental goals are enhanced skills to collaborate with other disability advocates to help impact public policy, service systems, or community supports.

To help us expand our "Coffee Spot" series to include advocacy and resiliency sessions for parents, caregivers, and family members of individuals with intellectual special needs, we respectfully request a gift of \$14,000. Funds will underwrite a portion of our "Rising through Resiliency" sessions, including guest speakers stipends, activity supplies, staff support, and technology resources such as Hotspots and tablets for families that lack access to a mobile/tablet/laptop device.

The Empowerment and Resiliency Series aims to address the following needs:

- o Advocacy, empowerment, and resiliency skills, knowledge-sharing, and competencies to combat COVID-19 disparities in the ISN community.
- o Tools, resources, and training sessions to prepare parents and caregivers to be community advocates at the 2021 Texas legislative session.
- o Individuals with ISN, families with low-incomes, and providers report needing iPads, laptops, and similar technology to allow remote supports and services, and communication between people with ISN and caregivers.
- o Individuals with ISN, families with low-incomes, and providers report a lack of internet access needed to use remote communications technology.
- o Quality, online, interactive programming to support and engage isolated individuals.
- o Resources that promote engagement and that relieve anxiety from social distancing and isolation.

The "Coffee Spot: Rising through Resiliency" empowerment series will be provided at no to little cost so that youth and young adults can participate without barriers and experience our four organizational tenets in action to interact, grow, learn, and love. Summed up by one of our Participants, Charley, "I have been able to experience things that I have not done with my family. It makes me happy to experience these things."

Eva's Heroes serves youth ages 14 and up, from San Antonio and Bexar County, diagnosed with Intellectual Special Needs (ISN), such as Autism, Asperger syndrome, Down syndrome, and ADHD. Our program demographics typically consist of 40 percent females and 60 percent males that reside in San Antonio and Bexar County. The majority (45 percent) come from homes where the household income is less than \$50,000 per year, and 45 percent of our program participants identify as Hispanic. Based on our current and past programming, we anticipate serving (100) parents, caregivers, and family members of individuals with ISN throughout the six (6) month series.

Program Objectives:

Objective 1.1 The number of people with Intellectual Special Needs who participated in Eva's Heroes (EH) supported activities designed to increase their knowledge of how to take part in decisions that affect their lives, the lives of others, and/or systems.

Objective 1.2 The number of family members who participated in the "Coffee Spot" support group supported activities designed to increase their knowledge of how to take part in decisions that affect the family, the lives of others, and/or systems.

Objective 2.1 After participation in "Coffee Spot" supported activities, the percent of people with ISN report increasing their advocacy because of the EH program.

Objective 2.2 After participation in "Coffee Spot" supported activities, the percent of family members who report increasing their advocacy because of the support group.

Objective 2.3 The percent of people who are better able to say what they want, what services and supports they want, or what is important to them.

Objective 2.4 The percent of people who are participating now in advocacy activities.

The "Empowerment & Resiliency" series will run from Jan. 4, 2021 to June 30, 2021. Sessions will be offered virtually on Zoom monthly, with various class options of 10 AM, noon, and 2 PM classes, depending on the topic.

You can check out a sampling of our current virtual interactive programming- excluding advocacy sessions- here: <https://drive.google.com/file/d/1eGZTOoCHngXBCPhCDZeUfmR1lhmOx7wk/view>

Evaluation Plan:

Eva's Heroes staff has created a logic model as a tool to evaluate the effectiveness of our virtual programs. Our goal is to continuously seek feedback where we put the individual's needs first, before the disability. Survey measures will be translated into Spanish and read-aloud as needed so clients can respond verbally to address potential language and reading barriers.

Quantitative Data gathered will be utilized to monitor and identify areas for program improvements, such as the number and types of most commonly accessed resources, demographic data, and variables impacting access to care. Outcomes and recommendations will be measured by interviews and surveys that can be used to develop further advocacy series, policy actions, and future projects

Success Benchmarks metric samples include:

- a. Advocacy resources and trainings will be provided to a minimum of 20 individuals;
- b. 100% of participants will be tracked and surveyed regarding their satisfaction with the series;
- c. 80% of program participants will participate in an advocacy "action" such as outreach to their local officials
- d. 60% of participants will try a new activity as a result of their participation.

Plans to sustain project beyond the term of this request:

Eva's Heroes' primary programming funding source has been through foundation and corporate grants and funding raised by our signature special events (Casino Night & Gala). We anticipate seeking any future funding for this project primarily from foundations and corporations such as the Najim Family Foundation, the Kronkosky Foundation, and the Valero Foundation.

Line item Budget:

Line Item Description	Total Project Funds Allocation	Gordon Hartman Funds Allocation
Video/Audio Tape & Duplication	\$500	\$0
Printing/Copy/Postage	\$1,000	\$500
Paper/Office Supplies	\$1,000	\$500
Project Staff Support	\$6,400	\$3,000
Staff Training	\$2,000	\$1,000
Publicity/Advertising	\$2,000	\$1,000
Speaker Series Fees	\$3,000	\$2,000
Technology: Tablets/Laptops	\$5,000	\$3,000
Technology: Hotspots	\$8,000	\$3,000
Video Conferencing	\$160	\$0
TOTAL:	\$29,060	\$14,000

BOARD OF DIRECTORS

LIST OF BOARD DIRECTORS

Name & Office Held	Corporate Affiliation
Christiane Garcia , Co-Board Chair	Co-Founder and Executive Director, Eva's Heroes
Eva Longoria Bastón, Co-Board Chair	Co-Founder and Philanthropist
Cory J. Basso , Vice-Chair	Group Vice President, H-E-B
Chris Carmona, Treasurer	Partner, Schriver, Carmona & Co.
A. William Alberts, Board Member	Attorney, Private Practice
Summer Gafford, Board Member	Executive Director, HR, NuStar Energy
Olivia Ortiz , Board Member	CEO & President, Snake Hawk Press
Bernadette Peña , Board Member	Self-Employed, PR Consultant