

FUNDING APPLICATION

GENERAL INFORMATION

Organization Information

Legal Name: Spina Bifida Texas	Federal Tax ID#: 74-1936785	Are you a 501(3)(c) charity? Yes	
Address: 1550 NE Loop 410 Suite 224	City: San Antonio	State: TX	Zip Code: 78209
Website: www.sbtx.org		Fax: (210) 826-7289	

Head Of Organization

Name: ROSANNE GONZALES	Title: Executive Director
E-Mail Address: rgonzales@sbtx.org	Phone: (210) 826-7289

Application Contact

Name: ROSANNE GONZALES	Title: Executive Director	E-Mail Address: rgonzales@sbtx.org	Phone: (210) 826-7289
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Previous funding received from The Gordon Hartman Family Foundation

Year	Funding \$
2009	\$5,000
2010	\$5,000
2012	\$5,000
2013	\$5,000
2016	\$5,000
2017	\$10,000
2018	\$5,000
Total	\$40,000

Has the organization applied to the Gordon Hartman Family Foundation in the past and been declined?

Yes
2011, 2014, 2015

Grant Amount Requested \$:	Total Project Budget \$:	Organization's Annual budget \$:
\$10,000	\$66,500	\$116,500

Mission Statement:

The mission of Spina Bifida Texas is to improve the lives of those affected by Spina Bifida and to promote its prevention through folic acid awareness.

PROJECT INFORMATION**Program / Project Title:**

Spina Bifida Support & Education

PROJECT TIMELINE

Start Date	End Date
01/01/2020	12/31/2020

Program / Project Description:

With the highest prevalence of Spina Bifida (SB) in the US, Texas doubles the national average. According to the CDC it is estimated that there are over 14,000 individuals affected by SB in Texas alone. Occurring in the first 28 days of a pregnancy when the spinal cord is developing, SB happens when these cells do not interlock correctly. This results in the malformation of the spine and spinal cord in a developing baby. The early onset of this birth defect affects the development of all major systems of the body and can result in issues including paralysis, orthopedic challenges, hydrocephalus, learning disabilities, and bowel/bladder problems. Spina Bifida is reported to be the most complex disability that is compatible with life; therefore, caregivers are frequently in need of reliable up-to-date information for their loved ones who live with Spina Bifida. With the ongoing changes to healthcare, medical breakthroughs, emerging research, and techniques for caring for individuals with SB, families need trusted resources to explain the complexities related to this diagnosis. Fortunately, SBTX has created programs and services to help this under served community.

SBTX has educational opportunities with the goal of connecting families touched with disabilities with beneficial resources and information by eliminating barriers. Both SB Day and the Spina Bifida Conference give families an opportunity to engage with medical, community, and educational professionals so they can learn more about their loved one's condition and how to care for them proactively while also providing exposure to available programs and resources in community. The SBTX resource library has information that also assists families in finding answers as well as linking them to relevant agencies. Because Spina Bifida is the most preventable birth defect, SBTX participates prevention through education at colleges, high schools, and health fairs to teach young women that a small vitamin is able to reduce the risk of having a child born with Spina Bifida.

Spina Bifida Support includes the New Parent Mentoring Program. Upon notification of a SB related birth, SBTX assigns a veteran parent to visit with the family and provide them with a New Parent Packet. This packet contains resource information, "A Parent's Guide to Spina Bifida" book that has detailed information on the issues associated with Spina Bifida written in plain English. Most importantly, the parents receive comforting words from a peer who has been in the same situation. Annually we host a New Parent Breakfast that connects parents of young children with each other and with the resources of other nonprofit agencies that benefit their situation. Both of these opportunities start parents on the right track to being strong advocates for their child's physical health and well being. SBTX support groups provide those who have disabilities with relatable connections and a support network to lean on when they become overwhelmed or need assistance. Beyond Limitations and The Adult Group (TAG) serve two distinct clusters and cater to these two demographics individually to address the different needs in each group. Beyond Limitations is geared toward families of school-aged children and focuses on positive outlooks, as well as proactive techniques, and strategies for living with disabilities. With the assistance of a trained facilitator, families engage in dialogue that empowers, motivates and connects them. TAG targets older teens and adults with physical disabilities. By encouraging them to facilitate their own meeting via a committee of trained adult volunteers, they are empowered to plan their own discussions and activities that foster independence, leadership and employment opportunities. Meetings are strategic and teach the teen and adult life skills like networking, interviewing, socialization, leadership, volunteer service and how to build a rapport with others. These support groups are expected to yield positive connections within the community and create productive members in society.

With a goal of making sure no one will go without incontinence supplies, the SBTX Lending Closet connects families in need of medical supplies/equipment with others who have a surplus. A lapse of insurance, rejection from Medicaid, a natural disaster, and a wrong shipment can all lead to a need which is a health shattering catastrophe for those with SB. During extreme weather conditions, San Antonio has become a safe haven for those escaping dangerous conditions and the lending closet has been able to help displaced families in 2017 and 2018. After families are provided with medical supplies, they are provided with information regarding possible community resources for their needs.

SBTX also has a scholarship and quality of life program, and offers to provide up to four \$250 educational scholarships for any adult who has SB and wants to go to college. Additionally, quality of life scholarships are available for children who have Spina Bifida so they can participate in other programs that SBTX does not provide. Funds are used pay fees for softball, swimming, and wheelchair dance programs, even when the program is run by another nonprofit.

Evaluation Plan:

A variety of quantitative and qualitative evaluation techniques will be used to track the program's effectiveness. SBTX staff documents every call and request received and conducts "call backs" if a question or problem wasn't automatically resolved. To evaluate the effectiveness of the support groups we will track attendance and measure their satisfaction with social situations monthly through monthly online questionnaires. Quarterly SBTX distributes participant surveys regarding enjoyment, educational opportunities, and personal satisfaction.

To evaluate the effectiveness of the New Parent Mentoring, and New Parent Breakfast a SBTX representative will preform a follow up phone interview at 3 months and 6 months post initial contact to see if they are still in contact with with the veteran parent.

Ninety days after utilizing the Lending Closet, a SBTX representative follows up with the client to see if they are still in need of medical supplies and/or utilizing the resources provided at initial contact.

Before the educational opportunities, a (paper) pretest will be conducted to measure the attendee's baseline knowledge of information. Thirty days after the educational intervention, an online post test is performed that will measure the knowledge attained.

Plans to sustain project beyond the term of this request:

We recognize that SBTX is the only organization providing programs and services to families touched by Spina Bifida in Central Texas, and will continue to seek funds to keep our doors open. To sustain the project beyond this term, we will submit grants to other foundations and send appeal letters to corporate sponsors. Because we want to continue providing this service to individuals and families at no cost, we will continue to fund-raise though Facebook and participate in The Big Give SA.

Line item Budget:

Line Item Description	Total Project Funds Allocation	Gordon Hartman Funds Allocation
Payroll Expenses	\$43,000	\$3,000
Payroll Taxes & Fees	\$3,300	\$0
Advertising & Promotion	\$500	\$0
Mileage & Delivery	\$200	\$0
Postage	\$500	\$250
Rent	\$4200	\$1,000
Supplies	\$500	\$250
Telephone	\$500	\$200
Volunteer Expenses	\$250	\$0
Web/Internet	\$1,200	\$300
SB Day/Conference Expenses	\$4,200	\$3,000
Folic Acid Awareness Expenses	\$1,000	\$0
Member Activities	\$3,800	\$1,500
Resource Library/Disability Awareness	\$250	\$0
Lending Closet/STORAGE	\$850	\$400
New Parent Packets	\$250	\$100
Scholarships	\$1,000	\$0
Quality of Life Sponsorships	\$1,000	\$0

TOTAL:	\$66,500	\$10,000
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BOARD OF DIRECTORS

LIST OF BOARD DIRECTORS

Name & Office Held	Corporate Affiliation
Jacqueline Perez	H-E-B
Chuck Isler, PhD.	N/A
Analisa Spicer, MA	N/A
Esther Puente, BS	N/A
Jackie Swanson	N/A
Abraham Robles	N/A
Vicky Garcia, COTA/L	ISR Burn Center of Excellence of DHA