

# FUNDING APPLICATION

## GENERAL INFORMATION

### Organization Information

<b>Legal Name:</b> Epilepsy Foundation Central & South Texas		<b>Federal Tax ID#:</b> 76-0415338	<b>Are you a 501(3)(c) charity?</b> Yes	
<b>Address:</b> 8601 Village Drive, Suite 220	<b>City:</b> San Antonio	<b>State:</b> TX	<b>Zip Code:</b> 78217	
<b>Website:</b> www.EFCST.org		<b>Fax:</b> (210) 653-5353		

### Head Of Organization

<b>Name:</b> Sindi Rosales		<b>Title:</b> CEO	
<b>E-Mail Address:</b> Sindi@EFCST.org		<b>Phone:</b> (210) 653-5353	

### Application Contact

<b>Name:</b> Sindi Rosales	<b>Title:</b> CEO	<b>E-Mail Address:</b> Sindi@EFCST.org	<b>Phone:</b> (210) 653-5353
-------------------------------	----------------------	---	---------------------------------

**Previous funding received from The Gordon Hartman Family Foundation**

<b>Year</b>	<b>Funding \$</b>
2010	\$5,000
2017	\$10,000
2019	\$2,500
2020	\$2,500
2021	\$17,500
<b>Total</b>	<b>\$37,500</b>

**Has the organization applied to the Gordon Hartman Family Foundation in the past and been declined?**

Yes  
2014, 2015, 2016, 2022

<b>Grant Amount Requested \$:</b>	<b>Total Project Budget \$:</b>	<b>Organization's Annual budget \$:</b>
\$10,000	\$20,775	\$1,520,717

**Mission Statement:**

The mission of the Epilepsy Foundation is to lead the fight to overcome the challenges of living with epilepsy and to accelerate therapies to stop seizures, find cures, and save lives.

The Vision of the Epilepsy Foundation is a world without epilepsy; lives free from seizures.

The proposed project will be provided to residents located in Bexar County.

**PROJECT INFORMATION****Program / Project Title:**

Studio E: Enhancing Empowerment, Expression, and Enjoyment Through Art Therapy

**PROJECT TIMELINE**

<b>Start Date</b>	<b>End Date</b>
03/01/2024	08/30/2024

**Program / Project Description:**

The Epilepsy Foundation Central & South Texas (EFCST) offers Studio E, an art therapy program provided FREE of cost for youth, teens and adults. Participants engage with a licensed art therapist for two hours per week over five weeks to learn about and engage in various artistic media, including painting, sketching, and sculpting.

Studio E enriches creative and therapeutic opportunities for children and youth with epilepsy to develop creativity while facilitating emotional and physical healing and growth. Research has shown that art therapy can help children and youth with epilepsy feel more comfortable expressing their emotions and thoughts through non-verbal communication, especially those with added cognitive disabilities (Gajic, 2016).

Approximately 1 in 4 people with a cognitive disability also live with epilepsy. Art therapy can help minimize the adverse effects of social identity, such as feelings of isolation, shame, and being different. (Stafstrom, 2012).

Studio E combines art and therapy in a safe, inclusive, and accepting group setting, allowing participants to explore their creativity, connect with others with epilepsy, and express themselves without judgment. The artwork and inter-participant conversations provide art therapists with a broader perspective of the participants, resulting in an individualized therapy experience.

Studio E's impact goals include:

- o empowering youth with epilepsy through art and therapy.
- o improving mental well-being through creative expression.
- o expanding access to art therapy follow-up services.

The objectives for achieving these goals include:

- o improving coping skills through art therapy assignments.
- o facilitating therapists to enhance mental well-being through collaborative artmaking.
- o increasing the number of follow-up visits by 20%.

**Evaluation Plan:**

Art therapists will evaluate the success of Studio E's project goals through surveys and anecdotal data collected via structured recreational, social, and developmental questions. This includes assessing improvements in psychosocial health, such as coping skills, by measuring the quantity of positive social interactions and the quality of strengthened peer bonding. Additionally, mental well-being improvements will be evaluated, such as enriched communication skills and positive behavior changes.

Each area will be addressed through organized recreational, social, and developmental activities:

- o Enhanced Self-Esteem (Psychosocial Health - self-image) through positive social interactions, improved peer bonding, and artistic expression.
- o Mental and Behavioral Health (quality of life) is addressed through empirically validated strategies. Activities focused on increasing self-sufficiency coping skills and gained knowledge of epilepsy-related behaviors and overall positive behavior indicated in pre-and post-comparisons and observation.

Surveys and anecdotal data are collected for process and outcome evaluations of Studio E. EFCST staff evaluate a comparative pre- and post-Studio E report.

The Gordon Hartman Family Foundation's gift of \$10,000 will impact EFCST's three "E's":

- o Empowering individuals with epilepsy through engagement.
- o Enhancing mental well-being through play and creative expression.
- o Elevating inclusion to cultivate emotional resilience.

**Plans to sustain project beyond the term of this request:**

EFCST is proudly celebrating 30 years of service to the Central and South Texas community. EFCST has demonstrated the ability to pivot, persevere, and demonstrate resilience in responding to changing social and economic environments by leveraging supporters and always focusing on putting the client's needs first.

To ensure continual sustainability, EFCST plans on securing funding from corporations, businesses, individual donations, and local fundraising events. The evidence of EFCST's sustainable fundraising capacity and capabilities is demonstrated by its online professional development programs, current fundraising platforms, and related technology resources for the board and staff.

EFCST will assess the organizational and contextual domains to build capacity for maintaining the program through collaborations, program adaptation, and impact measures.

The passion driving the EFCST and the Gordon Hartman philanthropic legacy share many similarities. Both are fueled by the love and dedication of parents for their children - Mr. and Mrs. Hartman for their daughter Morgan and the CEO of EFCST for her daughter Jessica. This passion, born from the grief, fear, and uncertainty parents face when their child is in need, can lead to remarkable achievements. Thanks to the philanthropic efforts of individuals like the Hartman's, thousands of families have been positively impacted.

**Line item Budget:**

<b>Line Item Description</b>	<b>Total Project Funds Allocation</b>	<b>Gordon Hartman Funds Allocation</b>
Art Therapist - Ten (10) two hour Adult/Teen Group Art Therapy Sessions at \$85/hr. (Ages 18 to 40)	\$1,700	\$1,700
Art Therapist - Ten (10) two hour Youth Group Art Therapy Sessions at \$85/hr. (Ages 8 to 17)	\$1,700	\$1,700
Art Gallery facility fee for San Antonio (includes Art Therapist time & display setup)	\$650	\$650
Program Supplies for art therapy sessions; 20 sessions at \$100/session = \$2000	\$2,000	\$1,000
Refreshments for Art Show in San Antonio for 50 attendees @ \$16.00/ea.	\$800	\$400
Marketing & Printing - 500 color flyers @ \$.25ea = \$125	\$125	\$70
Photography \$150/hr. x 4hrs (2hrs per site) for product photography = \$600; Event photography @ \$300/hr. x 4hrs = \$1,200	\$1,200	\$500
Personnel - Program Associate	\$12,600	\$3,980
<b>TOTAL:</b>	<b>\$20,775</b>	<b>\$10,000</b>

## **BOARD OF DIRECTORS**

### **LIST OF BOARD DIRECTORS**

<b>Name &amp; Office Held</b>	<b>Corporate Affiliation</b>
Sindi Rosales, CEO	Epilepsy Foundation Central & South Texas
Scott Verstuyft, President	UCB, Inc.
Alison Packard, Vice President	The Packard Law Firm
John Avery, Secretary	Children's Hospital of San Antonio
Sara "Lizzy" Aranibar, Board Member	Chasqui Spine & Orthopedics
Francesca Barajas, Board Member	Visionworks
Tracy Blitz, Board Member	Wildrose Avenue Consulting
Patrice Calomeni, Board Member	Retired
Janine Hornbeak, Board Member	Christus Santa Rosa
Josue Morales, Board Member	Fresh Texas
Joe Ochoa III, Board Member	Martin Marietta
William Taylor, Board Member	Fresh Texas
Adam Velez, Board Member	The Center for Health Care Services
Harry Wright, Board Member	Valero Energy, Retired
Kirk Jewasko, Board Member	LivaNova

Steven Contreras, Board Member	SK Life Science
Kevin Douglas, Treasurer	Equitable Advisors